

NEW YORK CORNEA, PLLC

CORNEA AND EXTERNAL EYE DISEASE

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General Post-Op Instructions

1. Do **not** rub your eye.
2. Wear your shield at night for one week, taping it from the forehead to the upper cheekbone.
3. Wear your glasses during the day so that you will have something in front of your eyes at all times.
4. Wear dark glasses if the lights bother you.
5. You may drive if the vision in the other eye is 20/40 or better.
6. You may take walks or exercise lightly.
7. You may watch TV or read books if your eye feels comfortable.
8. If you have increasing pain in your eye, call us. You may use Tylenol for pain. Do **not** use Aspirin, Advil, or Motrin for at least two days.
9. As the eye heals, you may have the feeling of itching, but do **not** rub your eye.
10. Your vision will gradually improve, but will not be at its best until healed.
11. Please bring all of your eye medications to each post-op visit.
12. Resume your regular systemic medications.
13. You may wash your face or shampoo your hair, but remember: do **not** rub your eye. Try to keep water out of the eye.

14. Use the following medications in the eye that had surgery:

_____	_____ Times a day
_____	_____ Times a day
_____	_____ Times a day
_____	_____ Times a day

NOTE: Wait at least five minutes between each of your drops. Close the eye for one minute after each drop.

If you have any problems or questions please call us at

Scarsdale: 914.723.1641 or Columbia: 212.305.3378